

30TH ANNUAL SUMMER CAMP SPONSORED BY SHOTOKAN KARATE INSTITUTE

KARATE

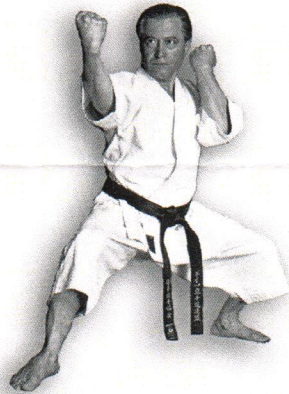
KATA

KIHON

KUMITE

QI-KUNG

MEDITATION



SUMMER 2017 CAMP TRAINING



Call for more information

(510) 526-8334

The Shotokan Karate Institute is hosting its 30th **Annual Summer Camp Training** at the Shotokan Karate Institute's dojo. Training will include "Power Training", "Polymetrics Training", "Endurance Training", as well as intense Shotokan Karate instruction.

This year's camp will be taught by **HANSHI M.A. SHARIFI**, who holds the rank of 9th Dan and the following certifications: ITKF Certified Tournament Coach, AAKF Certified Ranking Examiner, AAKF Certified Tournament Judge, JKA Certified Instructor, AAKF Certified Karate Coach, ITKF Certified Karate Coach.

SHOTOKAN KARATE INSTITUTE

5327 JACUZZI ST. #3P

RICHMOND, CA 94804

WWW.SHOTOKAN.COM

Please fill out the registration form and return it along with payment by Sept. 20th. After Sept. 20th only cash payments will be accepted. Space is limited. The cost is \$310. It includes housing, all meals, and instructional fees. An equipment list and directions to the site will be mailed after registration and payment is received.

FRI SAT SUN
22 23 24
SEPTEMBER



Shotokan Karate Institute Summer Camp

This year's camp will be taught by Hanshi M.A. Sharifi, 9th Dan. Anyone fortunate enough to have studied with Hansei Sharifi knows in advance how rewarding the summer camp will be.

Date: Friday, 9/22 (evening)
Saturday, 9/23 (full day of training)
Sunday, 9/24 (1/2 day training)

Cost: \$310.00 includes lodging, all meals, and instructional fees.

Due Date: Registration and payment due 9/20. After this date only cash payments will be accepted.

Location: Camp will be held at the Dojo

Description:

Trainings range from endurance workouts to small group technical trainings that focus on self-defense and key body point vulnerabilities. Hanshi Sharifi will guide all participants through a rigorous weekend of challenges designed to help all students reach new levels of abilities and understanding of Karate.

An equipment list and directions to the site will be mailed to students who register and are with a Karate organization other than the Shotokan Karate Institute.

Name:	Dojo:	Rank:	
_____	_____	_____	
Address:	Email:		
_____	_____		
City:	State:	Zip:	Phone:
_____	_____	_____	_____

I understand that this sport involves strenuous and physically challenging activity and risk. I am participating with the full knowledge of the risk and voluntarily accept and assume this risk of injury or loss by signing this RELEASE and by participating in these activities. Further, and in exchange for my participation in this session of Karate camp, I, on behalf of myself and my successors, assigns, ad heirs, RELEASE, INDEMNIFY, AND HOLD HARMLESS Shotokan Karate Institute, Hanshi Mohammad Ali Sharifi, and any of its sponsors, donors, owners, directors and officers, agents, employees, members, volunteers and representatives from any and all liability from injury, damage or loss to person, person or property based upon their negligence in connection with my participation in this competition. The director or authorized agent reserve the right to refuse entry to any person, school, team or club.

Signature: _____

Parent/Guardian Signature: _____

(Required if under the age of 18.)